# Journey of Remembering Path of passion, transformation and little pleasures September 25. to October 5. 2025. Morocco Marrakech to Sahara

## The journey ahead....

- This journey—this road trip, pilgrimage, or path—will take you into the unknown, or perhaps into what you've simply forgotten.
- Once upon a time, we chose to come here: to feel, to experience, and to grow.
- Now, we're giving ourselves permission to let this journey unfold—An invitation to awaken, to reconnect, and to truly be in this life.

# This will be the journey of Remembering...

Remembering the promises we once made—to each other and to ourselves. Remembering that our true purpose isn't about doing, but about discovering who we truly are.

Remembering the path we were always meant to walk.

Remembering how little it takes to be fully present, to simply be here and now—for ourselves and each other.

Remembering how much we've forgotten, and how little we truly need.

Being on the road in search of our true path offers new perspectives on the reality we know. As we gaze upon breathtaking, ever-changing landscapes, immersed in our thoughts, emotions, and sacred silence, we open ourselves to the limitless possibilities, untapped potentials, and countless revelations that await us

#### Let's...

- Embark on this journey together, letting go of old beliefs and the illusions of what we think makes us happy.
- Gift ourselves the time and space to explore the depths of our being and the essence of existence.
- Let's take this journey together and see how life unfolds when we believe in ourselves and live fully in the present moment.
- Meet like-minded souls who are ready to question their beliefs, gain insights, and transform their lives—living in alignment with their passions to manifest abundance on all levels of existence.

# How will we spend our days?

- ...Exploring the stunning landscapes of Morocco and connecting with the indigenous Amazigh (Berber) people—whose timeless wisdom has helped them avoid the modern traps that promise happiness.
- ...Through group meditations, self-contemplation, and transformative workshops.
- ...Evenings spent around a bonfire, with Amazigh people, live music, dancing, and sharing insights in healing circles.

# This journey is for you if you:

- Long to gift yourself the time and space to dive deep within—into the heart, the soul, and the body.
- Feel the rhythm of music and dance stir your spirit, and seek to explore the vastness of your emotions.

- Thrive in the company of kindred souls, wandering the open road together.
- Yearn to uncover the hidden gems of Morocco's rich, ancient culture.
- Desire to reconnect with your body, to listen to its whispers and honor its wisdom.
- Are ready to question the beliefs that have shaped you, and to awaken to a new, conscious way of being.
- Find peace in nature's embrace and wish to walk alongside the indigenous peoples who carry its ancient truths.
- Crave a journey that nourishes your heart and soul, and leaves you feeling whole.

If you feel the whisper of the road and the call of your soul, "Lakshmi" awaits you, her blessings ready to unfold.

Step onto the path, and let the journey lead you to grace...

"The trust is the foundation of the ability to manifest"

Denise Linn

## Short journey schedule

- 1. 25.9 Arrival day Marrakech
- 2. 26.9. Exploring Marrakech
- 3. 27.9. Asni, Imlil-Hike High Atlas Mountain
- 4. 28.9. High Atlas Mountain, Irocha
- 5. 29.9. Boumaine Dades
- 6. 30.9. Merzouga, night in tents in Sahara
- 7. 1.10. Ouzina, far south east of Morocco
- 8. 2.10. Marha Plain art installations, Jebel Mudawwar
- 9. 3.10. Ait Benhaddou
- 10. 4.10. Last afternoon and night in Marrakech
- 11. 5.10 Return day

**Note**- There will be workshops, tailored according to group needs and interests. Examples.... family constellations, drumming sessions, practical exploration of our believes, what is freedom, the art of living in the present moment, relationships, feeling of not being enough....

Daily counselling according to individual needs.

Our morning sessions will gently awaken the body and mind through a nourishing blend of meditation, breathwork, yoga, mindful movement, and strength-building practices. Each day will begin with presence, grounding, and a return to your inner rhythm—setting the tone for a deeply connected and energizing experience

## What is this pilgrimage, path, journey, or road trip all about?

The first thing that comes to mind is the MAGIC that Morocco holds. People with enormous hearts, nature bathed in the blazing sun, stripped of water, yet still unveiling incredible beauty. It reminds me of how little we truly need to be happy, how little nature requires to thrive, how little we need to feel fulfilled, content, and abundant.

But it's so easy to forget this. So easy to cover it all with what we think we need—material things, false beliefs about who we are or who we think we should be... beliefs that aren't even ours. **Beliefs that CAN be changed.**And we can change them, but **only** if we bring them from the unconscious to the conscious.

Let's be brave together, and embark on this journey to challenge our beliefs—and, of course, to have an amazing time on the road!

As we travel the roads, soaking in all the beauty (and the less-than-beautiful) that a country and its people have to offer, we'll encounter moments that bring profound revelations, deep emotional shifts, and a deep appreciation for the present moment. These are experiences that can only be felt by living fully in the now—without the constraints of time or space. They are priceless.

These are the reasons why I want to share this journey with you. I invite you to allow yourself to be open to whatever surfaces along the way.

"The only way to hold on is to keep letting go..." Nick Mulvey

#### What is included?

- Pick up and drop off from Marrakech Menara International airport
- Sleeping in 2-3 people room or tent, for pictures please contact me
- Transport by mini bus and 4x4 vehicles
- 3 meals a day, vegetarian or non vegetarian options available
- All activities including but not limited to camel ride, entrance to museum, entrance to art installation exhibition, all workshops, drumming sessions

#### What is not included?

- Flights to and from Marrakech
- Compulsory travel insurance
- Additional food, snacks and drinks that is beyond three meals a day
- Tips

### Important note

- We will be on the road and storage space in vehicles is limited, please keep your luggage to maximum of one medium size suitcase/ backpack or bag plus small carry on bag/backpack
- Bring your own sleeping bag
- Yoga mats and tents will be provided

For detailed schedule or any other questions you might have please contact us on lakshmi@lakshmitransformation.com, or Wapp +385/923505828

# You've been guided here for a reason....